



**Council-Recognized Council for
Advancement of Health Professionals, Inc.**
140 N. Main St.
Tulsa, Oklahoma 74103
459 S. Delaware Blvd.
Tulsa, Pa. 15074-2800
Alliance Services Department



Jointly Sponsored By:

- Allegheny County Department of Human Services
- Torrance State Hospital
- Cambria-Somerset Council for Education of Health Professionals, Inc.
- Fayette County MH/MR
- Office of Mental Health and Substance Abuse Services
- Mental Health America of Westmoreland County
- PA Chapter – American College of Healthcare Administrators
- S'eclairer Enlightening Self with Knowledge
- Westmoreland County MH/MR
- Value Behavioral Health of Pennsylvania

Behavioral Health & Society
The Law, The Mind and Community Wellness

Friday, September 12, 2008
8:00am – 4:45pm

Chestnut Ridge Inn on the Green
1726 Old William Penn Highway
Blairsville, PA

Course Directors:

Safdar I. Chaudhary, MD
Edna McCutcheon, ACSW

Visit our Website:
www.cscouncil.com

REGISTRATION FORM: Behavioral Health & Society
REGISTRATION DEADLINE: September 4, 2008

Name _____ Discipline _____

Home Address _____

City _____ State _____ Zip _____

Home Phone _____

Place of Employment _____

Address _____

City _____ State _____ Zip _____

Work Phone _____ Email _____

Individual with Disability or Dietary Restriction (Identify Needs)

For Continuing Education purposes, Please check if you should receive:

Category 1 _____ APA _____ SW _____ CEUs _____
ACPE _____ PCB _____

Tuition: \$100 Physicians \$75 Other Health Care Providers
 \$40 All State Employees \$25 Family Members & Consumers

Total Tuition Enclosed: _____

Method of Payment: _____ **Check** _____ **Credit Card**

_____ Mastercard _____ American Express _____ VISA

Name on Card _____

Card Number _____ Expiration Date _____

Signature: _____

Make Check Payable To: Cambria-Somerset Council



Mail To: Cambria-Somerset Council
140 Biddle Hall
UPJ, 450 Schoolhouse Road
Johnstown, PA 15904



Phone: (814) 269-2948 Fax: (814) 269-2966 E-mail: jdhoff@pitt.edu

Tuition Includes: Registration, conference materials, refreshments, lunch and continuing education credits.

Full tuition must accompany the registration form. No refunds can be issued once the program has begun.

Please return the registration form and tuition by September 4, 2008.

PROGRAM SCHEDULE

- 8:00 AM **Registration/Continental Breakfast/Exhibits**
- 8:30 AM **Welcome & Introduction**—*Edna McCutcheon, ACSW*
- 8:35 AM **Opening Remarks**—*Safdar I. Chaudbary, MD*
- 8:45 AM **The State of the State**
Mary Shrum
Joan L. Erney, JD
- 9:30 AM **“I Love My Pain” Creative Mind Go Free**
Safdar I. Chaudbary, MD
Kim Ruth, MS, CAC, LPC
- 10:15 AM **Management of Schizophrenia in the Clinical Setting**
K. N. Roy Chengappa, MD
- 10:45 AM **Break**
- 11:00 AM **Media Portrayal of Mental Health and Sexuality Issues**
Jennifer Miele
- 11:30 AM **Behavioral Health, Tele-Psychiatry, Email and Web Based Potential in Clinical Practices**
Steven R. Daviss, MD
- 12:00 Noon **Decriminalization: Mental Health Courts and Treatment Alternatives**
Christine Martone, MD
- 12:30 PM **Lunch (Boxed Lunch Provided)/Awards & Music**
- 1:30 PM **Panel Discussion—Mental Health and the Justice System: Are We Doing Justice to the Mental Health Needs?**
- 2:30 PM **Navigating Legal Issues in Psychiatry, Disability, Worker’s Compensation**
Vincent J. Quatrini, Jr., Esquire
- 3:00 PM **Mindful Practices in Stress Management: Exploring Your Mythical Consciousness**
Athanasius C. Cherry, OSB, CRNP
- 3:30 PM **Break**
- 3:45 PM **Sexual Offenders Treatment: Success and Outcomes**
Vito DonGiovanni, PsyD
Tara Travia, PhD
- 4:15 PM **“DEPRESSION: Is it a Disease or the Dark Night of the Soul?”**
Mebernoosh Khan, MD
- 4:45 PM **Best Attendee Prizes, Evaluation, Certificates**

ACCREDITATION

PURPOSE OF CONFERENCE:

This conference will address the strategies for enhancing the ability of individuals with mental illness to lead successful and fulfilling lives. Topics presented will include incorporating long term stabilization of psychiatric disorders; coordination of physical and behavioral health systems; understanding and utilizing principles of recovery; and applying best practices to increase awareness of effective behavioral health approaches in collaboration with the criminal justice system.

WHO SHOULD ATTEND:

This conference is intended for consumers, family members, psychiatrists, primary care physicians, psychologists, nurses, social workers, pharmacists, correction counselors, certified rehabilitation counselors, addiction specialists, mental health professionals, and law enforcement personnel.

EDUCATIONAL OBJECTIVES:

At the conclusion of this program, participants should be able to:

- plan and promote community-based effective treatment for psychiatric disorders; incorporate recovery-based best practices; develop strategies and skills to support an individual's psychiatric resiliency. (The State of the State)
- manage chronic pain needs and use mindfulness tools for relief. ("I Love My Pain" Creative Mind Go Free)
- evaluate the importance of cognitive problems in individuals diagnosed with schizophrenia; identify the current treatment approaches to cognitive problems in individuals diagnosed with schizophrenia. (Management of Schizophrenia)
- promote an enhanced understanding of human sexuality, mental illness and community outreach. (Mental Health/Sexuality/Media)
- describe potential uses of tele-psychiatry, email and web based treatment approaches in psychiatry. (Potential in Clinical Practices)
- review strategies for enhancing the ability of individuals with mental illness to lead successful and fulfilling lives in community settings; describe how mental health courts can be helpful in promoting effective treatment for mental illnesses. (Decriminalization)
- provide insight into the complex relationship between the criminal justice system and the mental health services available in the community in order to improve outcomes. (Panel Discussion)
- identify legal resources for individuals diagnosed with mental illnesses; assist in recovery and community stabilization. (Navigating Legal Issues)
- integrate approaches for the effective management of psychiatric disorders using mindfulness and guided imagery therapy skills. (Mindful Practices in Stress Management)
- identify and update treatment approaches in working with individuals with sexual offender histories. (Sexual Offenders Treatment)
- identify treatment interventions to help alleviate the effects of depression induced health complications and co-occurring disorders. (Depression)

Category 1: The Cambria-Somerset Council for Education of Health Professionals, Inc. is accredited by the Pennsylvania Medical Society to provide continuing medical education for physicians. The Cambria-Somerset Council takes responsibility for the content, quality, and scientific integrity of this CME activity.

The Cambria-Somerset Council designates this continuing education activity for a maximum of (6) AMA PRA Category 1 Credits™. Each physician should only claim commensurate with the extent of their participation in the activity.

Disclosure: Faculty and all others who have the ability to control the content of continuing medical education activities sponsored by the Cambria-Somerset Council for Education of Health Professionals, Inc. are expected to disclose to the audience whether they do or do not have any real or apparent conflict(s) of interest or other relationships related to the content of their presentation(s).

Social Workers: Six credit hours of continuing education are provided through co-sponsorship of the University of Pittsburgh School of Social Work, a PA approved provider of social work continuing education. These credit hours satisfy requirements for LSW renewal.

The Cambria-Somerset Council for Education of Health Professionals, Inc. is approved by the **American Psychological Association** to sponsor continuing education for psychologists. The Cambria-Somerset Council for Education of Health Professionals, Inc. maintains responsibility for this program and its content.

PCB: Application for 6 hours is pending.



ACPE: The Cambria-Somerset Council for Education of Health Professionals, Inc. is approved by the American Council on Pharmaceutical Education as a provider of continuing education (Program Number 162-999-08-006-L04). This continuing education session offers 6 contact hours (.06 CEU of Credit). Certificates will be provided to participants following the program.

CEU'S: This program has been approved for (6) six hours by the University of Pittsburgh at Johnstown and the Cambria-Somerset Council for Education of Health Professionals, Inc.



Participants with Disability or Dietary Restriction: Cambria-Somerset Council is committed to making its conferences accessible to all individuals. If you have a disability, and are in need of accommodations, please check the appropriate box on the registration form. Describe any auxiliary aids or services which are needed. If you have a dietary restriction, check the same box on the registration form and describe any food or beverage which is needed.

SPEAKERS

- **K. N. Roy Chengappa, MD**, Clinical Professor of Psychiatry, University of Pittsburgh
- **Athanasius C. Cherry, OSB, CRNP**, Primary Care Nurse Practitioner, St. Vincent College & Duquesne University
- **Steven R. Daviss, MD**, Chairman Department of Psychiatry, Baltimore Washington Center, University of Maryland Medical System
- **Vito DonGiovanni, PsyD**, Executive Director, PA Sexual Responsibility and Treatment Program, Torrance State Hospital
- **Mehermash Khan, MD**, Family Practitioner Forbes Regional Hospital
- **Christine Martone, MD**, Clinical Professor of Psychiatry, University of Pittsburgh
- **Jennifer Miele**, Westmoreland Bureau Chief WTAE-TV
- **Vincent J. Quatrini, Jr.**, Esquire, Partner-QuatriniRaffertyGalloway, Greensburg
- **Kim Ruth, MS, CAC, LPC**, Clinical Specialist and DBT Trainer, S'clairier
- **Mary Shrum**, Consumer, Member of MH/MR Board
- **Tara Travia, PhD**, Clinical Director, Sexual Responsibility & Treatment Program, Torrance State Hospital

PANEL PARTICIPANTS

- **John Herrmann**, Consumer, PMHCA Board Member
- **Honorable Charles R. Conway**, District Judge-Export, PA
- **Honorable Guy B. Haberl**, District Judge-Indiana, PA
- **Roberta J. Altenor**, Executive Assistant to Deputy Secretary Erney
- **Officer Dan Marguccio**, Crises Intervention Team
- **Joe Fahy**, Pittsburgh Post-Gazette



LOCATION

Chestnut Ridge Inn on the Green
Rts. 22 & 219
Blairsville, PA
(724) 459-7191



OVERNIGHT ACCOMMODATIONS

A block of rooms has been reserved at the Hampton Inn & Suites, Blairsville, PA. Call (724) 459-7191 for reservations, and identify yourself as being with the "Behavioral Health & Society" to benefit from reduced rates. Reservation requests received after *September 7, 2008* will be honored on a space available basis.

GENERAL INFORMATION

Attendance Requirements: Program participants should claim only those hours of credit that he/she actually spent in the education activity.

Cancellation and Refund Policy: The Cambria-Somerset Council reserves the right to cancel this program due to lack of registrants. Any participant that cancels their registration is subject to a 30% administrative fee.

Comfort Zone: Please be advised that room temperatures may vary. Please dress accordingly.

COURSE DIRECTORS

- **Safdar I. Chaudhary, MD**
Faculty, Torrance State Hospital
Associate Professor of Psychiatry
University of Pittsburgh School of Medicine
- **Edna McCutcheon, ACSW**
Chief Executive Officer
Torrance State Hospital

PLANNING COMMITTEE

Patricia A. Tickle
David E. Frantz
Robin Brady
Mardel Sechrengost
Raymond F. Jacqueline
Debra Lengyel
Myrn Montalvo
John Herrmann
Sherry Anderson
Richard Stillwagon
Bruce Rock
Lisa Ferris-Kusniar
Mary Shrum
Joan Freda



KEYNOTE SPEAKER

Joan L. Erney, J.D — Joan Erney joined the Office of Mental Health and Substance Abuse Services in 1999 as the Director of the Bureau of Operations and Quality Management (BOQM). In that capacity, she had the responsibility for monitoring the oversight of the state's community Behavioral Health Program including HealthChoices, a Medicaid managed care program and the county-based service system. She oversaw OMHSAS licensing, program evaluation and management information systems. Prior to her position in state government, Ms. Erney was the Chief Executive Officer of the Community Behavioral HealthCare Network of Pennsylvania (CBHNP), a non-profit network of community providers engaged in managed care contracting. Her previous experience includes legislative and policy development with the Pennsylvania Community Providers Association and direct staff work at Dauphin County Crisis Intervention. Ms. Erney received her Juris Doctor from the Widener University School of Law in 1994. Her undergraduate degree and graduate credits are from Penn State University.